

COMMANDO TEAM BUILDING



The Commando Team Building is an action packed option which targets different aspects of teamwork such as communication, trust, problem solving and support in a fun and interactive way. The team building has a physical aspect to it but is achievable for corporate clients.

The Team Building starts with an introduction and warm up involving the whole group and then moves onto the team tasks.

ICE BREAKERS

Objective: Get everybody involved.

Warm Up - Helium Hoop - Mud Pit



COMMANDO OBSTACLE COURSE

Objective: Team Support - Physical and Motivational

A brilliant team task where team members assist each other through our Commando Course including obstacles such as Balance Beams, Cargo Nets, Crawl Nets, Monkey Bars ..

PATH CLEARANCE

Objective: Team Problem Solving

A brilliant puzzle where the teams minds and communication skills will be challenged. Lots of planning and communication is required in order to re-arrange a giant puzzle into the correct sequence.



LANDMINE DISARMING

Objective: Open the Communication Lines
Blindfold task - In 3's teams must communicate using verbal commands and hand signals to direct the blindfolded person through the minefield.

RADIO TOWERS

Objective: Share Ideas

Not all tasks are physical, this is a sit down tasks where team must use the materials provided to build a tower...that can stand alone.



Length of activity: 3 Hours

To book your function please contact our offices on 082 782 6432,
www.boot-camp.co.za